

# Rialto Unified School District

Jan 7, 2025 thru Jan 10, 2025

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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Generated on: 1/13/2025 7:05:43 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 01/07/2025																
High School Lunch	Total	3199														
Bean and cheese Pupusa '24	1 each	600	290	15	480	4.00	1.08	200.0	5	0.0	1	13.0	35.0	11.0	3.50	0.00
Curtido, Homemade 2024	Servings	600	30	0	46	2.00	0.34	32.0	3508	19.33	*2	0.96	6.43	0.12	0.03	*0.00
Chicken, Teriyaki and Rice '24	BOX	400	329	71	684	3.47	2.02	16.7	4780	2.91	*7	21.63	48.99	5.55	1.10	0.00
Chicken, Tangerine Sec-'24	BOX	500	360	40	646	3.47	2.00	26.5	4750	2.91	*12	17.32	62.43	4.97	0.10	0.00
CHEESEBURGER,W/ BUZZ'23	1 EACH	500	331	62	547	3.00	3.24	232.5	175	0.0	*3	23.5	29.68	14.05	5.59	*0.16
Spicy Chicken Sandwich WG-2013	1 EACH	522	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,BEEF BEAN & CHSE-2017	Serving	500	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	522	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
spicy chicken/tapatío salad	1 EACH	422	410	51	868	6.24	3.38	55.1	1686	11.72	*10	22.4	43.32	18.27	2.72	*0.01
PEACH CUP	1 EACH	500	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	0.00
Strawberry Cup, Froz. - 2017	1 each	200	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
APRICOT CUP	1 EACH	200	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Mixed Berry, Froz. 2019	1 each	200	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	200	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTSTREET CORN IN A CU P 2018	Serving	200	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			721	65	1143	2115.1	3.86	514.1	6919	42.60	*39	34.61	108.80	16.95	4.88	*0.10
% of Calories											*21.4%	19.2%	60.4%	21.2%	6.1%	*0.1%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Rialto Unified School District

Jan 7, 2025 thru Jan 10, 2025

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 01/08/2025																
High School Lunch	Total	3199														
Grinder, ham&cheese-2021	1 EACH	500	286	38	1518	3.00	1.86	187.2	199	0.0	*5	20.9	34.67	8.87	2.79	*0.00
Lettuce & tomato cup	serving	500	10	0	6	0.82	0.26	11.3	378	3.13	1	0.61	2.12	0.1	0.01	0.00
Chicken, Teriyaki and Rice '24	BOX	500	329	71	684	3.47	2.02	16.7	4780	2.91	*7	21.63	48.99	5.55	1.10	0.00
Chicken,Tangerine Sec-'24	BOX	500	360	40	646	3.47	2.00	26.5	4750	2.91	*12	17.32	62.43	4.97	0.10	0.00
PIZZA,DOMINOS14"WGPep,slic e'24	serving	600	260	15	520	4.00	1.80	300.0	500	6.0	3	16.0	34.0	7.0	3.00	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	522	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,BEEF BEAN & CHSE-2017	Serving	400	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	522	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
Wrap, CRUNCHY CHICKEN 2024	1 EACH	522	503	114	880	5.15	3.33	133.1	3210	15.38	*2	26.91	44.78	25.45	7.14	*0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	600	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	600	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTSTREET CORN IN A CU P 2018	Serving	600	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPE,S,Fresh PKG '23	serving	465	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	500	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00

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**Rialto Unified School District**

**Jan 7, 2025 thru Jan 10, 2025**

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 3

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			746	74	1407	3518.7	3.94	536.1	6905	31.10	*39	36.87	112.47	17.42	5.16	*0.20
% of Calories											*20.7%	19.8%	60.3%	21.0%	6.2%	*0.2%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Jan 7, 2025 thru Jan 10, 2025

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 01/09/2025																
High School Lunch	Total	3199														
Chicken & Waffles, WG 2024	Serving	400	395	34	635	4.00	3.08	40.0	182	87.0	20	19.0	60.06	10.0	2.00	0.00
Chicken, Teriyaki and Rice '24	BOX	600	329	71	684	3.47	2.02	16.7	4780	2.91	*7	21.63	48.99	5.55	1.10	0.00
Chicken, Tangerine Sec-'24	BOX	600	360	40	646	3.47	2.00	26.5	4750	2.91	*12	17.32	62.43	4.97	0.10	0.00
CHEESEBURGER, W/ BUZZ'23	1 EACH	600	331	62	547	3.00	3.24	232.5	175	0.0	*3	23.5	29.68	14.05	5.59	*0.16
Spicy Chicken Sandwich WG-2013	1 EACH	522	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,BEEF BEAN & CHSE-2017	Serving	600	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	522	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
SALAD,CHEF, '24	1 EACH	422	346	135	832	1.51	1.84	207.1	897	9.15	*5	16.47	22.97	23.29	5.73	*0.00
PEACH CUP	1 EACH	500	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	0.00
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
APRICOT CUP	1 EACH	100	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTSTREET CORN IN A CU P 2018	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			744	86	1197	1763.4	4.10	511.8	6613	47.97	*40	36.68	110.63	18.04	5.26	*0.07
% of Calories											*21.3%	19.7%	59.5%	21.8%	6.4%	*0.1%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 01/10/2025																
High School Lunch	Total	3199														
Wings & Mac '23	SERVING	400	786	230	2159	0.47	1.04	711.4	2314	0.53	*20	51.85	39.43	46.57	18.00	*0.00
Chicken, Teriyaki and Rice '24	BOX	600	329	71	684	3.47	2.02	16.7	4780	2.91	*7	21.63	48.99	5.55	1.10	0.00
Chicken, Tangerine Sec-'24	BOX	600	360	40	646	3.47	2.00	26.5	4750	2.91	*12	17.32	62.43	4.97	0.10	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	522	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,BEEF BEAN & CHSE-2017	Serving	550	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	622	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
Salad, TACO '23	1 each	622	704	72	997	11.68	5.20	332.3	1655	10.58	*8	32.35	65.49	37.6	10.35	*0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTTESTREET CORN IN A CU P 2018	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	700	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, BERRY BERRY BLUE '23	container s, 4oz	700	80	0	0	0.00	0.00	0.0	75	90.0	15	0.0	19.0	0.0	0.00	0.00
SLUSH, BLUE RASPBERRY '23	container s, 4oz	700	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Rialto Unified School District

Jan 7, 2025 thru Jan 10, 2025

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 6

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			856	95	1371	1764.1	4.07	597.0	7251	49.19	*46	40.51	120.58	24.11	7.45	*0.04
% of Calories											*21.3%	18.9%	56.3%	25.3%	7.8%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

Weighted Average			767	80	1279	2290.3	3.99	539.7	6922	42.71	*41 *47.7%	37.17 19.4%	113.12 59.0%	19.13 22.5%	5.69 6.7%	*0.10 *0.1%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	767		750 - 850	100%				
Cholesterol (mg)	80							
Sodium 1 (mg)	1279		1420	90%				
Sodium 1a (mg)	1279		1280	100%				
Fiber (g)	2290.38							
Iron (mg)	3.99							
Calcium (mg)	539.7							
Vitamin A (IU)	6922							
Sugars (g)	41	21.19%			Missing			
Vitamin C (mg)	42.71							
Protein (g)	37.17	19.39%						
Carbohydrate (g)	113.12	59.01%						
Total Fat (g)	19.13	22.46%	<=30.00%					
Saturated Fat (g)	5.69	6.68%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.10	0.12%			Missing			

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<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Rialto Unified School District

Jan 13, 2025 thru Jan 17, 2025

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 1

Generated on: 1/13/2025 7:06:01 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 01/13/2025																
High School Lunch	Total	3199														
QUESADILLA,Spicy, Chicken 2020	1 EACH	500	311	45	546	3.00	1.67	325.1	334	2.13	*1	16.97	29.7	13.55	6.33	*0.00
Chicken, Teriyaki and Rice '24	BOX	500	329	71	684	3.47	2.02	16.7	4780	2.91	*7	21.63	48.99	5.55	1.10	0.00
Chicken,Tangerine Sec-'24	BOX	500	360	40	646	3.47	2.00	26.5	4750	2.91	*12	17.32	62.43	4.97	0.10	0.00
PIZZA,DOMINOS14*WGPep,slic e'24	serving	500	260	15	520	4.00	1.80	300.0	500	6.0	3	16.0	34.0	7.0	3.00	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	522	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,BEEF BEAN & CHSE-2017	Serving	500	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	522	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
PROTEIN BOX HIGH SCHOOL '24	1 EACH	422	695	214	964	9.34	5.16	315.8	3423	15.46	*6	23.08	58.99	46.52	11.39	*0.12
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	500	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTSTREET CORN IN A CU P 2018	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibblets MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			728	85	1141	1763.6	3.82	562.3	6750	28.97	*36	33.92	105.82	19.61	5.95	*0.05
% of Calories											*19.6%	18.6%	58.2%	24.3%	7.4%	*0.1%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Rialto Unified School District

Jan 13, 2025 thru Jan 17, 2025

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 2

Generated on: 1/13/2025 7:06:01 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 01/14/2025																
High School Lunch	Total	3199														
TACO Walkin,Beef,- '24	Serving	600	498	62	781	4.42	2.51	279.6	1096	6.24	*3	20.84	30.83	32.16	11.21	*0.00
Chicken, Teriyaki and Rice '24	BOX	400	329	71	684	3.47	2.02	16.7	4780	2.91	*7	21.63	48.99	5.55	1.10	0.00
Chicken,Tangerine Sec-'24	BOX	500	360	40	646	3.47	2.00	26.5	4750	2.91	*12	17.32	62.43	4.97	0.10	0.00
CHEESEBURGER,W/ BUZZ'23	1 EACH	500	331	62	547	3.00	3.24	232.5	175	0.0	*3	23.5	29.68	14.05	5.59	*0.16
Spicy Chicken Sandwich WG-2013	1 EACH	522	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,BEEF BEAN & CHSE-2017	Serving	500	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	522	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
spicy chicken/tapatío salad	1 EACH	422	410	51	868	6.24	3.38	55.1	1686	11.72	*10	22.4	43.32	18.27	2.72	*0.01
PEACH CUP	1 EACH	500	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	0.00
Strawberry Cup, Froz. - 2017	1 each	200	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
APRICOT CUP	1 EACH	200	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Mixed Berry, Froz. 2019	1 each	200	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	200	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTTESTREET CORN IN A CU P 2018	Serving	200	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-MS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			754	73	1191	2114.8	4.07	523.0	6465	40.15	*38	35.90	106.81	20.89	6.32	*0.10
% of Calories											*20.4%	19.0%	56.7%	24.9%	7.5%	*0.1%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Rialto Unified School District

Jan 13, 2025 thru Jan 17, 2025

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 01/15/2025																
High School Lunch	Total	3199														
Torta,Pork Fully Loaded '24	1 EACH	500	486	88	353	9.95	3.16	131.7	5273	13.57	5	40.67	42.69	19.21	3.27	0.02
Chicken, Teriyaki and Rice '24	BOX	500	329	71	684	3.47	2.02	16.7	4780	2.91	*7	21.63	48.99	5.55	1.10	0.00
Chicken,Tangerine Sec-'24	BOX	500	360	40	646	3.47	2.00	26.5	4750	2.91	*12	17.32	62.43	4.97	0.10	0.00
PIZZA,DOMINOS14"WGPep,slie'24	serving	600	260	15	520	4.00	1.80	300.0	500	6.0	3	16.0	34.0	7.0	3.00	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	522	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,BEEF BEAN & CHSE-2017	Serving	400	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	522	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
Wrap, CRUNCHY CHICKEN 2024	1 EACH	522	503	114	880	5.15	3.33	133.1	3210	15.38	*2	26.91	44.78	25.45	7.14	*0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	600	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	600	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTREET CORN IN A CU P 2018	Serving	600	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	465	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	500	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			775	82	1224	3519.7	4.10	525.6	7639	32.73	*38	39.86	113.39	19.02	5.23	*0.20
% of Calories											*19.7%	20.6%	58.5%	22.1%	6.1%	*0.2%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Rialto Unified School District

Jan 13, 2025 thru Jan 17, 2025

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 4

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 01/16/2025																
High School Lunch	Total	3199														
CHILI VERDEFRIES w/cheese-2 018	SERVING, 400		476	118	1119	2.61	2.25	120.5	129	13.95	*1	40.82	33.04	20.07	6.07	*0.00
Rolls, dinner,wht GalassosSEC	1 each	400	80	0	149	1.00	1.00	47.8	10	0.0	2	2.99	15.94	1.0	0.00	0.00
Chicken, Teriyaki and Rice '24	BOX	600	329	71	684	3.47	2.02	16.7	4780	2.91	*7	21.63	48.99	5.55	1.10	0.00
Chicken,Tangerine Sec-'24	BOX	600	360	40	646	3.47	2.00	26.5	4750	2.91	*12	17.32	62.43	4.97	0.10	0.00
CHEESEBURGER,W/ BUZZ'23	1 EACH	600	331	62	547	3.00	3.24	232.5	175	0.0	*3	23.5	29.68	14.05	5.59	*0.16
Spicy Chicken Sandwich WG-2013	1 EACH	522	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,BEEF BEAN & CHSE-2017	Serving	600	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	522	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
SALAD,CHEF, '24	1 EACH	422	346	135	832	1.51	1.84	207.1	897	9.15	*5	16.47	22.97	23.29	5.73	*0.00
PEACH CUP	1 EACH	500	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	0.00
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
APRICOT CUP	1 EACH	100	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTTESTREET CORN IN A CU P 2018	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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**Rialto Unified School District**

**Jan 13, 2025 thru Jan 17, 2025**

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 5

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average % of Calories			764	96	1276	1763.4	4.12	527.8	6608	38.84	*37 *19.6%	39.78 20.8%	109.25 57.2%	19.43 22.9%	5.77 6.8%	*0.07 *0.1%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Jan 13, 2025 thru Jan 17, 2025

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 6

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 01/17/2025																
High School Lunch	Total	3199														
TURKEY GRAVY -2022	3/8 CUP	400	148	45	755	0.04	1.41	15.6	3	0.6	*0	18.21	6.29	5.02	1.65	*0.00
Rolls, dinner, wht GalassosSEC	1 each	400	80	0	149	1.00	1.00	47.8	10	0.0	2	2.99	15.94	1.0	0.00	0.00
Chicken, Teriyaki and Rice '24	BOX	600	329	71	684	3.47	2.02	16.7	4780	2.91	*7	21.63	48.99	5.55	1.10	0.00
Chicken, Tangerine Sec-'24	BOX	600	360	40	646	3.47	2.00	26.5	4750	2.91	*12	17.32	62.43	4.97	0.10	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	522	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,BEEF BEAN & CHSE-2017	Serving	550	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	622	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
Salad, TACO '23	1 each	622	704	72	997	11.68	5.20	332.3	1655	10.58	*8	32.35	65.49	37.6	10.35	*0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTSTREET CORN IN A CU P 2018	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	700	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, BERRY BERRY BLUE '23	container s, 4oz	700	80	0	0	0.00	0.00	0.0	75	90.0	15	0.0	19.0	0.0	0.00	0.00
SLUSH, BLUE RASPBERRY '23	container s, 4oz	700	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00

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# Rialto Unified School District

Jan 13, 2025 thru Jan 17, 2025

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 7

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			786	72	1214	1764.2	4.24	515.9	6964	49.20	*43	36.68	118.43	19.04	5.40	*0.04
% of Calories											*22.1%	18.7%	60.3%	21.8%	6.2%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

Weighted Average			762	82	1209	2185.1	4.07	530.9	6885	37.98	*39	37.23	110.74	19.60	5.73	*0.09
											*45.7%	19.6%	58.2%	23.2%	6.8%	*0.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	762		750 - 850	100%				
Cholesterol (mg)	82							
Sodium 1 (mg)	1209		1420	85%				
Sodium 1a (mg)	1209		1280	94%				
Fiber (g)	2185.18							
Iron (mg)	4.07							
Calcium (mg)	530.9							
Vitamin A (IU)	6885							
Sugars (g)	39	20.30%			Missing			
Vitamin C (mg)	37.98							
Protein (g)	37.23	19.55%						
Carbohydrate (g)	110.74	58.17%						
Total Fat (g)	19.60	23.16%	<=30.00%					
Saturated Fat (g)	5.73	6.78%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.09	0.11%			Missing			

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# Rialto Unified School District

Jan 21, 2025 thru Jan 24, 2025

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 01/21/2025															
High School Lunch	Total	3199													
Chicken, Kung Pao, Yangs '24	BOX	600	239	45	3.14	6.26	29.0	4294	22.34	*7	17.82	29.67	6.21	1.51	*0.00
Chicken, Teriyaki and Rice '24	BOX	400	329	71	3.47	2.02	16.7	4780	2.91	*7	21.63	48.99	5.55	1.10	0.00
Chicken, Tangerine Sec-'24	BOX	500	360	40	3.47	2.00	26.5	4750	2.91	*12	17.32	62.43	4.97	0.10	0.00
CHEESEBURGER, W/ BUZZ'23	1 EACH	500	331	62	3.00	3.24	232.5	175	0.0	*3	23.5	29.68	14.05	5.59	*0.16
Spicy Chicken Sandwich WG-2013	1 EACH	522	366	62	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO, BEEF BEAN & CHSE-2017	Serving	500	409	48	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANOLA 2023	serving	522	381	12	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
spicy chicken/tapatío salad	1 EACH	422	410	51	6.24	3.38	55.1	1686	11.72	*10	22.4	43.32	18.27	2.72	*0.01
PEACH CUP	1 EACH	500	53	0	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	0.00
Strawberry Cup, Froz. - 2017	1 each	200	81	0	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
APRICOT CUP	1 EACH	200	61	0	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Mixed Berry, Froz. 2019	1 each	200	90	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	200	64	0	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTESTREET CORN IN A CUP 2018	Serving	200	98	5	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibblents MS/HS	package	1300	35	0	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES, Fresh	1 EACH	734	72	0	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES, Fresh PKG '23	serving	365	31	0	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK, 1% DW 2024	1 EACH	1200	120	15	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	2000	120	5	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			706	70	2114.6	4.77	476.0	7065	43.17	*39	35.33	106.59	16.02	4.50	*0.10
% of Calories										*22.3%	20.0%	60.4%	20.4%	5.7%	*0.1%
Nutrient Guideline			750-850										<=30.0	<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Rialto Unified School District

Jan 21, 2025 thru Jan 24, 2025

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 01/22/2025															
High School Lunch	Total	3199													
Meatball Grinder, Beef '24	Serving(5 piece)	500	699	148	6.39	7.09	464.9	970	17.47	*11	52.45	60.63	29.18	12.09	*0.00
Chicken, Teriyaki and Rice '24	BOX	500	329	71	3.47	2.02	16.7	4780	2.91	*7	21.63	48.99	5.55	1.10	0.00
Chicken, Tangerine Sec-'24	BOX	500	360	40	3.47	2.00	26.5	4750	2.91	*12	17.32	62.43	4.97	0.10	0.00
PIZZA,DOMINOS14"WGPep,slice'2	serving	600	260	15	4.00	1.80	300.0	500	6.0	3	16.0	34.0	7.0	3.00	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	522	366	62	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,BEEF BEAN & CHSE-2017	Serving	400	409	48	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANOLA 2023	serving	522	381	12	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
Wrap, CRUNCHY CHICKEN 2024	1 EACH	522	503	114	5.15	3.33	133.1	3210	15.38	*2	26.91	44.78	25.45	7.14	*0.00
SLUSH, KIWI STRAWBERRY '23	containers , 4oz	600	60	0	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	600	64	0	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTESTREET CORN IN A CUP 2018	Serving	600	98	5	1122.4	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	465	31	0	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	500	51	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	1200	120	15	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	1122.2	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			809	91	3519.1	4.71	577.7	6966	33.34	*39	41.70	116.20	20.58	6.61	*0.20
% of Calories										*19.4%	20.6%	57.5%	22.9%	7.4%	*0.2%
Nutrient Guideline			750-850										<=30.0	<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Rialto Unified School District

Jan 21, 2025 thru Jan 24, 2025

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Fiber (g)	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 01/23/2025															
High School Lunch	Total	3199													
NACHOS,CHEESE / CK 2021	1 EACH	400	436	43	6.00	3.87	528.4	684	0.28	*1	11.71	40.06	25.06	9.68	0.49
Chicken, Teriyaki and Rice '24	BOX	600	329	71	3.47	2.02	16.7	4780	2.91	*7	21.63	48.99	5.55	1.10	0.00
Chicken, Tangerine Sec-'24	BOX	600	360	40	3.47	2.00	26.5	4750	2.91	*12	17.32	62.43	4.97	0.10	0.00
CHEESEBURGER,W/ BUZZ'23	1 EACH	600	331	62	3.00	3.24	232.5	175	0.0	*3	23.5	29.68	14.05	5.59	*0.16
Spicy Chicken Sandwich WG-2013	1 EACH	522	366	62	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,BEEF BEAN & CHSE-2017	Serving	600	409	48	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANOLA 2023	serving	522	381	12	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
SALAD,CHEF, '24	1 EACH	422	346	135	1.51	1.84	207.1	897	9.15	*5	16.47	22.97	23.29	5.73	*0.00
PEACH CUP	1 EACH	500	53	0	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	0.00
Strawberry Cup, Froz. - 2017	1 each	100	81	0	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
APRICOT CUP	1 EACH	100	61	0	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Mixed Berry, Froz. 2019	1 each	100	90	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTRESTREET CORN IN A CUP 2018	Serving	100	98	5	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibblets MS/HS	package	1300	35	0	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	1200	120	15	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			749	87	1763.6	4.19	572.9	6676	37.13	*37	35.77	108.13	19.93	6.22	*0.13
% of Calories										*19.9%	19.1%	57.7%	23.9%	7.5%	*0.2%
Nutrient Guideline			750-850										<=30.0	<10.00	

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Rialto Unified School District

Jan 21, 2025 thru Jan 24, 2025

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Generated on: 1/13/2025 7:06:42 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Fri - 01/24/2025</b>															
High School Lunch	Total	3199													
Pozole, Green Chicken '24	14.5 oz	400	262	70	2.26	1.52	147.5	154	15.97	*5	19.2	28.82	6.82	2.83	*0.00
TORTILLA CHIPS-'24	Serv.(2oz)	1	280	0	3.00	0.40	33.3	4	0.0	1	2.67	30.67	16.0	2.27	0.00
Chicken, Teriyaki and Rice '24	BOX	600	329	71	3.47	2.02	16.7	4780	2.91	*7	21.63	48.99	5.55	1.10	0.00
Chicken, Tangerine Sec-'24	BOX	600	360	40	3.47	2.00	26.5	4750	2.91	*12	17.32	62.43	4.97	0.10	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	522	366	62	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,BEEF BEAN & CHSE-2017	Serving	550	409	48	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANOLA 2023	serving	622	381	12	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
Salad, TACO '23	1 each	622	704	72	11.68	5.20	332.3	1655	10.58	*8	32.35	65.49	37.6	10.35	*0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTRESTREET CORN IN A CUP 2018	Serving	100	98	5	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibblets MS/HS	package	1300	35	0	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
SLUSH, KIWI STRAWBERRY '23	containers , 4oz	700	60	0	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, BERRY BERRY BLUE '23	containers , 4oz	700	80	0	0.00	0.00	0.0	75	90.0	15	0.0	19.0	0.0	0.00	0.00
SLUSH, BLUE RASPBERRY '23	containers , 4oz	700	60	0	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	1200	120	15	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00

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<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

# Rialto Unified School District

Jan 21, 2025 thru Jan 24, 2025

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 5

Generated on: 1/13/2025 7:06:42 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			791	75	1764.3	4.13	526.5	6981	51.12	*44	36.43	119.26	19.15	5.55	*0.04
% of Calories										*22.1%	18.4%	60.3%	21.8%	6.3%	*0.0%
Nutrient Guideline			750-850										<=30.0	<10.00	

Weighted Average			764	81	2290.4	4.45	538.3	6922	41.19	*40 *47.0%	37.31 19.5%	112.55 59.0%	18.92 22.3%	5.72 6.7%	*0.12 *0.1%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	764		750 - 850	100%				
Cholesterol (mg)	81							
Fiber (g)	2290.46							
Iron (mg)	4.45							
Calcium (mg)	538.3							
Vitamin A (IU)	6922							
Sugars (g)	40	20.88%			Missing			
Vitamin C (mg)	41.19							
Protein (g)	37.31	19.54%						
Carbohydrate (g)	112.55	58.96%						
Total Fat (g)	18.92	22.30%	<=30.00%					
Saturated Fat (g)	5.72	6.74%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.12	0.14%			Missing			

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Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
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Rialto Unified School District

Jan 27, 2025 thru Jan 31, 2025

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 2

Generated on: 1/13/2025 7:07:02 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 01/27/2025																
High School Lunch	Total	3199														
Pull Apart Bread 2024	Serving	400	346	30	1059	2.38	11.36	277.8	898	13.54	*3	17.44	41.36	14.38	5.05	*0.00
Sauce, Marinara '22 (2oz)	Servings (2oz)	400	28	0	215	1.19	0.82	17.4	381	6.53	*1	1.23	6.19	0.2	0.03	*0.00
Chicken, Teriyaki and Rice '24	BOX(2M MA/2G)	500	329	71	684	3.47	2.02	16.7	4780	2.91	*7	21.63	48.99	5.55	1.10	0.00
Chicken, Tangerine Sec-'24	BOX(2M MA/2G)	500	360	40	646	3.47	2.00	26.5	4750	2.91	*12	17.32	62.43	4.97	0.10	0.00
CHEESEBURGER,W/ BUZZ'23	1 EACH	500	331	62	547	3.00	3.24	232.5	175	0.0	*3	23.5	29.68	14.05	5.59	*0.16
Spicy Chicken Sandwich WG-2013	Sand(2M MA/3G)	522	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,BEEF BEAN & CHSE-2017	Burritos	500	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	722	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
spicy chicken/tapatío salad	1 EACH	422	410	51	868	6.24	3.38	55.1	1686	11.72	*10	22.4	43.32	18.27	2.72	*0.01
PEACH CUP	1 EACH	500	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	0.00
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
APRICOT CUP	1 EACH	100	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTTESTREET CORN IN A CU P 2018	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01

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**Rialto Unified School District**

**Jan 27, 2025 thru Jan 31, 2025**

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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Generated on: 1/13/2025 7:07:02 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 01/27/2025																
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			729	68	1217	1763.6	5.19	532.2	6574	42.80	*38 *20.8%	35.66 19.6%	110.46 60.6%	17.00 21.0%	4.99 6.2%	*0.06 *0.1%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Jan 27, 2025 thru Jan 31, 2025

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 01/28/2025																
High School Lunch	Total	3199														
SANDWICH, CHX PARM '23	1 EACH	600	437	48	910	6.19	4.80	317.4	676	93.53	*4	29.73	48.7	14.45	5.03	*0.00
Chicken, Teriyaki and Rice '24	BOX	400	329	71	684	3.47	2.02	16.7	4780	2.91	*7	21.63	48.99	5.55	1.10	0.00
Chicken,Tangerine Sec-'24	BOX	500	360	40	646	3.47	2.00	26.5	4750	2.91	*12	17.32	62.43	4.97	0.10	0.00
CHEESEBURGER,W/ BUZZ'23	1 EACH	500	331	62	547	3.00	3.24	232.5	175	0.0	*3	23.5	29.68	14.05	5.59	*0.16
Spicy Chicken Sandwich WG-2013	1 EACH	522	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,BEEF BEAN & CHSE-2017	Serving	500	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	522	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
spicy chicken/tapatío salad	1 EACH	422	410	51	868	6.24	3.38	55.1	1686	11.72	*10	22.4	43.32	18.27	2.72	*0.01
PEACH CUP	1 EACH	500	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	0.00
Strawberry Cup, Froz. - 2017	1 each	200	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
APRICOT CUP	1 EACH	200	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Mixed Berry, Froz. 2019	1 each	200	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	200	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTTESTREET CORN IN A CU P 2018	Serving	200	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatío 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajín 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			743	71	1215	2115.2	4.50	530.1	6387	56.52	*39	37.56	110.16	17.57	5.16	*0.10
% of Calories											*20.9%	20.2%	59.3%	21.3%	6.3%	*0.1%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Jan 27, 2025 thru Jan 31, 2025

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	
Wed - 01/29/2025																	
High School Lunch																	
	Total	3199															
	SOUP, CHICKEN TORTILLA '23	1 CUP	500	468	62	834	8.75	5.51	118.3	1720	9.54	*3	19.3	48.76	23.06	4.42	*0.00
	TORTILLA CHIPS-'24	Serv.(2oz)	500	280	0	300	3.00	0.40	33.3	4	0.0	1	2.67	30.67	16.0	2.27	0.00
	Chicken, Teriyaki and Rice '24	BOX	500	329	71	684	3.47	2.02	16.7	4780	2.91	*7	21.63	48.99	5.55	1.10	0.00
	Chicken, Tangerine Sec-'24	BOX	500	360	40	646	3.47	2.00	26.5	4750	2.91	*12	17.32	62.43	4.97	0.10	0.00
	PIZZA, DOMINOS 14" WGPep, slic e'24	serving	600	260	15	520	4.00	1.80	300.0	500	6.0	3	16.0	34.0	7.0	3.00	0.00
	Spicy Chicken Sandwich WG-2013	1 EACH	522	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
	BURRITO, BEEF BEAN & CHSE-2017	Serving	400	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
	YOGURT PARFAIT W/ GRANO LA 2023	serving	522	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
	Wrap, CRUNCHY CHICKEN 2024	1 EACH	522	503	114	880	5.15	3.33	133.1	3210	15.38	*2	26.91	44.78	25.45	7.14	*0.00
	SLUSH, KIWI STRAWBERRY '23	container s, 4oz	600	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
	BEANS, PINTO SEASONED-2017	1/2 Cup BP	600	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
	ELOTTESTREET CORN IN A CU P 2018	Serving	600	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
	GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
	Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
	Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
	APPLES, Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
	GRAPES, Fresh PKG '23	serving	465	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
	Asian Pears, Fresh 2017	serving	500	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
	BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
	ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
	MILK, 1% DW 2024	1 EACH	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
	MILK, NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
	Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
	MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
	MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
	DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
	Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
	SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
	Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
	Weighted Daily Average			816	78	1346	3519.9	4.53	528.7	7084	32.10	*38	36.94	119.13	22.12	5.76	*0.20
	% of Calories										*18.7%	18.1%	58.4%	24.4%	6.4%	*0.2%	
	Nutrient Guideline			750-850		1420								<=30.0	<10.00		

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# Rialto Unified School District

Jan 27, 2025 thru Jan 31, 2025

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 01/30/2025																
High School Lunch	Total	3199														
CHEESEBURGER MINIS-2023	SERVING	400	272	31	475	2.39	3.09	114.2	79	10.3	3	19.7	29.82	9.16	3.00	0.00
Chicken, Teriyaki and Rice '24	BOX	600	329	71	684	3.47	2.02	16.7	4780	2.91	*7	21.63	48.99	5.55	1.10	0.00
Chicken, Tangerine Sec-'24	BOX	600	360	40	646	3.47	2.00	26.5	4750	2.91	*12	17.32	62.43	4.97	0.10	0.00
CHEESEBURGER,W/ BUZZ'23	1 EACH	600	331	62	547	3.00	3.24	232.5	175	0.0	*3	23.5	29.68	14.05	5.59	*0.16
Spicy Chicken Sandwich WG-2013	1 EACH	522	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,BEEF BEAN & CHSE-2017	Serving	600	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	522	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
SALAD,CHEF, '24	1 EACH	422	346	135	832	1.51	1.84	207.1	897	9.15	*5	16.47	22.97	23.29	5.73	*0.00
PEACH CUP	1 EACH	500	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	0.00
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
APRICOT CUP	1 EACH	100	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTTESTREET CORN IN A CU P 2018	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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**Rialto Unified School District**

**Jan 27, 2025 thru Jan 31, 2025**

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average % of Calories			729	86	1177	1763.2	4.10	521.1	6600	38.38	*38 *20.6%	36.77 20.2%	106.85 58.6%	17.94 22.1%	5.39 6.7%	*0.07 *0.1%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Jan 27, 2025 thru Jan 31, 2025

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Generated on: 1/13/2025 7:07:02 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 01/31/2025																
High School Lunch	Total	3199														
Penne, Alfredo, Chx & Broc '24	Serv.	400	332	65	889	10.63	1.40	329.9	687	22.74	6	23.82	32.46	11.96	5.99	0.09
bread, stick '23	1 each	1	99	0	94	0.99	1.43	0.0	5	0.0	1	0.99	14.88	2.98	0.50	0.00
Chicken, Teriyaki and Rice '24	BOX	600	329	71	684	3.47	2.02	16.7	4780	2.91	*7	21.63	48.99	5.55	1.10	0.00
Chicken, Tangerine Sec-'24	BOX	600	360	40	646	3.47	2.00	26.5	4750	2.91	*12	17.32	62.43	4.97	0.10	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	522	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO, BEEF BEAN & CHSE-2017	Serving	550	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	622	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
Salad, TACO '23	1 each	622	704	72	997	11.68	5.20	332.3	1655	10.58	*8	32.35	65.49	37.6	10.35	*0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTREET CORN IN A CU P 2018	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	700	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, BERRY BERRY BLUE '23	container s, 4oz	700	80	0	0	0.00	0.00	0.0	75	90.0	15	0.0	19.0	0.0	0.00	0.00
SLUSH, BLUE RASPBERRY '23	container s, 4oz	700	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
APPLES, Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES, Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK, 1% DW 2024	1 EACH	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00

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# Rialto Unified School District

Jan 27, 2025 thru Jan 31, 2025

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			799	74	1213	1765.4	4.12	549.3	7048	51.96	*44	37.00	119.71	19.78	5.94	*0.05
% of Calories											*22.0%	18.5%	59.9%	22.3%	6.7%	*0.1%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

Weighted Average			763	75	1233	2185.5	4.48	532.3	6738	44.35	*39	36.79	113.26	18.88	5.45	*0.10
											*46.3%	19.3%	59.4%	22.3%	6.4%	*0.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	763		750 - 850	100%				
Cholesterol (mg)	75							
Sodium 1 (mg)	1233		1420	87%				
Sodium 1a (mg)	1233		1280	96%				
Fiber (g)	2185.50							
Iron (mg)	4.48							
Calcium (mg)	532.3							
Vitamin A (IU)	6738							
Sugars (g)	39	20.56%			Missing			
Vitamin C (mg)	44.35							
Protein (g)	36.79	19.28%						
Carbohydrate (g)	113.26	59.35%						
Total Fat (g)	18.88	22.26%	<=30.00%					
Saturated Fat (g)	5.45	6.43%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.10	0.11%			Missing			

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